

A free monthly newspaper for Powick, Callow End and surrounding villages

Issue 3

May 2023





King Charles III Coronation Saturday 6th May 2023

King Charles III Coronation









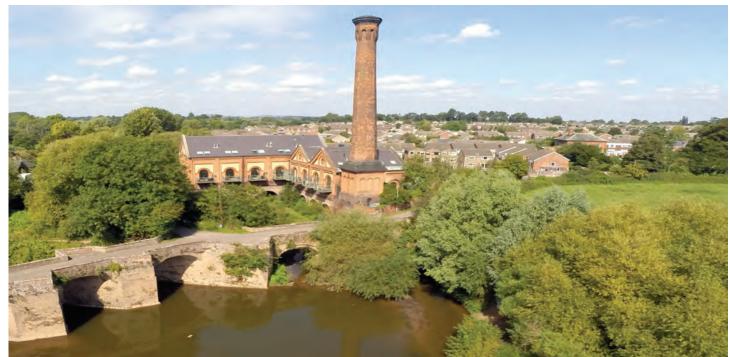




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The Coronation of King Charles III is a very historic day. A new era begins in our long history of the British Monarchy. We have seen a superb example of leadership by our late Queen. King Charles is ready to follow and set his own mark in history. He has certainly been well trained by his mother and father and has many outstanding achievements to his name already. I am very much in favour of the Monarchy with its unique position above politics, and look forward to seeing our new King developing his own style of leadership.

The Coronation ceremony will be celebrated all over the world, not only in the United Kingdom and the Commonwealth, but particularly so in America and Europe. This little country of ours is highly regarded, and the Monarchy plays a major role in achieving and sustaining our influence. We should be very proud of our country and our Monarchy yet we typically run ourselves down, although our country is envied by many. The month of May is upon us already with three Bank Holidays. This is a wonderful month when nature comes into full summer bloom. The weather normally begins to warm and gardeners need to keep on top of things! We have a very exciting month ahead with so much to look forward to.



God save the King!



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Help wanted.....

Is anyone prepared to help clean the brass at church? Please let Janet or Richard know if you are interested.

The Reverend Gary Crellin Vicar of the Parishes of Powick, Guarlford ో Madresfield with Newland

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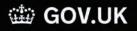
Families to receive cost of living payment

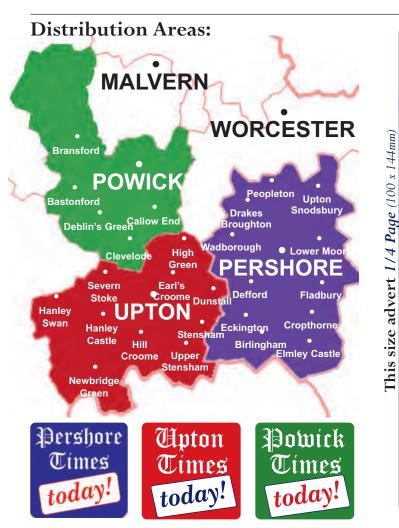
One million eligible claimant families receiving tax credits, and no other means-tested benefits, will get the first 2023-24 Cost of Living Payment from Tuesday 2 May 2023, HM Revenue and Customs (HMRC) has confirmed. The £301 government payment will be paid automatically into most customers' bank accounts between Tuesday 2 and Tuesday 9 May 2023 across the United Kingdom. Only eligible families who receive tax credits and no other means-tested benefits will receive the payment from HMRC. This is the first of three payments totalling up to £900 for those eligible in 2023-24. The payments are part of a package of wider government support announced to tackle the cost of living in 2023-24, including:

- a further £300 Cost of Living Payment for eligible families in autumn 2023, with a payment of £299 in Spring 2024 - a £150 Disability Cost of

Living Payment for eligible disabled people to be paid during summer 2023 a £300 Pensioner Cost of Living Payment to be paid during winter 2023-24. This means that the most vulnerable can receive up to £1,350 in direct payments over the coming financial year if eligible. Including both DWP and HMRC payments, the latest Cost of Living Payment will see more than 8 million households across the UK receive their £301 cash boost by mid-May 2023. The government is offering help for households. Customers should check

GOV.UK to find out what support they could be eligible for.





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Volunteering service aims to reduce loneliness



Liz Robinson and Kate Walton from Community Action, Jennifer Taylor, Director of Housing and Communities at Malvern Hills District Council, and Amanda Smith, Head of Community and Parking Services at Malvern Hills District Council

A new volunteering service has been set up to help reduce loneliness and isolation in the Malvern Hills District. Malvern Hills Volunteering (MHV) is the latest project from Community Action Malvern and District, and is supported by Malvern Hills District Council.

The project involves promoting volunteering opportunities within the district, and helping organisations spread the word about their available roles via social media, newsletters, and events including a volunteer fair. MHV will match potential volunteers to roles that suit them best and help residents get involved in their local communities.

Community Action has over 150 active volunteers, with 42 organisations on the database, and 55 different volunteering roles currently available. Liz Robinson, Volunteer Manager at Community Action said: "Our vision is to become a central hub for all things volunteering. We aim to increase volunteering within the district, and help people connect with others within the community, which can make a real positive impact on loneliness."

Amanda Smith, Head of Community and Parking Services at Malvern Hills District Council said: "We are really pleased to support this new service, volunteering is a great way for residents to reconnect with and help their local community and make a positive difference to people's lives, as well as develop their own skills and foster strong relationships."

Contact Liz on lizr@communityaction.org.uk or 01684 892381 for more information on the service and volunteering opportunities available within the district.

Special Dates in May Monday 1st May - Early Bank Holiday Saturday 6th May - King Charles III Coronation Monday 8th May - Bank Holiday

Monday 29th May - Spring Bank Holiday

Message from Rev Gary Crellin

God Save the King!

Dear friends,

It is nearly ten years since I was ordained at Worcester Cathedral and five since I was installed as your vicar across these two parishes. I well remember feeling quite selfconscious at both occasions, particularly at the installation here in these parishes, as I had the sense of all eyes being on me as I entered Powick Church after a long time in vacancy. As I recall this, I am left wondering quite what will be going through the minds of the King and Queen as they enter Westminster Abbey on the 6th May? There will be 2,000 in the congregation and, if the late Queen's funeral is any guide, billions watching on television. I am very pleased not to be on the staff of Westminster Abbey as they navigate all the intricacies of such an ancient and sacred occasion. We all know how much our country has changed since Queen Elizabeth II was crowned. That was a three hour ceremony, complete with Sir Winston Churchill in garter robes and the peers with their coronets. At home, TVs were hired in, gatherings happened around small televisions. Street parties followed on. The King's Coronation mercifully will be shorter, although I am unsure as to what has been removed. It will be interesting to see how the occasion has been adapted, 70 years on from the last one. Certainly, if anyone will be watching, it will either be on large screen TVs or smart phones. I am not aware of any street parties happening locally, other than over at Guarlford, but the vicarage will have its bunting up!

Central to the Coronation is the anointing with holy oil and the King and Queen taking communion and much of that ritual comes from the Old Testament. How will this be viewed in multifaith or very secular Britain? I really am not sure, but pray that it can be an opportunity both to unite us as one people, and to give thanks for the Christian foundations of this nation.

A couple of interesting local facts - did you know that Powick Church received some



of the fabric used in the Oueen's Coronation in 1953? It now adorns the Lady Chapel Altar as a royal blue Frontal. Also, there is a Diary going back to the 19 th Century that every Vicar of Powick fills in sadly, I cannot find much mention of Church in 1953 but I did go back in time in its fading pages and read of it as an opportunity to come together as a parish and wider community for a jolly good celebration! Jumping ahead to 2023, our part in that will be a special service on 7 May at 11am at St Peter's Church with a "bring and share" lunch, with entertainment, afterwards. I do hope you will join us. I was amused that one previous vicar spoke of how he was thrilled to have 110 attending a special service! That would be spectacular turnout for a Sunday morning these days we tend to average 25 (or may be 50 across both church services): so let's see if the long bank holiday gives people the time to come to church and welcome in this new era for our country. I conclude with a quote from the Bible's Book of Kings,

the Bible's Book of Kings, written sometime between 560 BC and 540BC: Then the priest brought out the King's son, put the crown on him, and gave him the covenant; they proclaimed him King, and anointed him; they clapped their hands and shouted, 'Long live the King!' (2 Kings 11,12)

From across the millennia I heartily respond, Amen to that. Every blessing -

Rev Gary





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A few words from... Harriett Baldwin MP



Harriett asks PM to support Malvern Hills College rescue bid

Harriett Baldwin mp has urged the Prime Minister to join her campaign to save Malvern Hills College and allow a community-led team to resume offering courses from September. Harriett called on Prime Minister Rishi Sunak to support efforts to head off legal action which is threatened by Warwickshire College Group after the closure of the historic further education site in an exchange in the House of Commons. In response to Harriett, the Prime Minister said: "I, of course, recognise the valuable work that all

colleges do in meeting the local skills needs and very much welcome local community groups working together to address skills gaps in the way that her local area is doing. "My understanding is that my Right Honourable Friend, the Education Secretary is in discussion with the college, and I know that my Honourable Friend will continue making representation to her."

Warwickshire College Group have agreed to return to negotiations which could allow the bid team to take over the site in time for a new term in September. The Group has threatened legal action to try and challenge a covenant which protects the provision of education at the Albert Road North site. Harriett said: "Over recent months, I have urged both parties to come back to the negotiating table to see if a sensible deal can be done and prevent this ending up in court. It would be a huge waste of public funds for Warwickshire College Group to take Malvern Hills District Council to court to challenge the covenant protecting the site from property development. I am pleased that the Prime Minister has added his support to the cohort of Ministers who want to see this bid succeed and I hope that we will have good news to share with him very soon."

"We're busily wrecking the chances for future generations at a rapid rate of knots by not recognizing the damage we're doing to the natural environment, bearing in mind that this is the only planet that we know has any life on it"



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Hot dry summer impacts UK butterfly populations



The heatwave and drought of summer 2022 has had a major negative impact on some UK butterfly species, a study has confirmed. The latest results from the annual UK Butterfly Monitoring Scheme led by Butterfly Conservation, show that the extreme weather experienced across much of the UK in the summer of 2022 has had a significant impact on some butterfly species. The Green-veined White, Small White, Small Tortoiseshell, Peacock and Brimstone, all familiar garden and countryside butterflies, appeared in good or average numbers during the spring and early summer, but numbers in the subsequent generations were greatly reduced following the widespread drought conditions, and scientists fear that there will be similar negative impacts on other butterfly species when they start to emerge in 2023. Drought impacts the offspring of the butterflies that are flying during the hot dry weather by causing the plants that caterpillars rely on for food to wither and die. Without sufficient food, many caterpillars will fail to survive, leading to lower numbers of butterflies in the next generation. For some of the UK species that have more than one generation in a year,

the resulting major decline in numbers has already been seen. However, for others, the next generation isn't on the wing until this summer, meaning there could be noticeably fewer butterflies around in 2023. It's not the first time butterflies have been affected by drought in the UK. Data gathered has shown serious negative impacts of droughts on butterflies in 1976 and 1995. Some species have never recovered their former abundance levels after the 1976 drought, although habitat destruction is likely to be a major factor in their failure to bounce back. The difference in 2022's drought compared to 1976 is that nowadays most UK butterfly species are already in decline. Butterfly Conservation's recently published State of the UK's Butterflies 2022 report revealed that 80% of butterflies have declined in abundance, distribution or both since the 1970s. With droughts predicted to become more frequent and severe in the UK as climate change continues, some butterfly species may be pushed towards extinction.

For more information go to www.butterfly-conservation.org

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Coronation Poetry & Essay Competitions!

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or

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Nomen's Hour! Le pique nique Susan Catford



King Charles III

A future king in waiting right from his day of birth, His destiny was written for his future on this Earth. His early years were happy ones with siblings by his side. His parents warm and loving but needing now to guide And teach the ways of statesmanship so that he would grow strong, Both physically and mentally, the road ahead was long. His mother was his role model, a sovereign through and through, Beloved by her people, she taught him what to do. His father always ready to train this growing child, His wisdom and example to lead him and to guide. The child became a man then, still learning to be king, Acquiring grace and dignity, the things this role would bring. With purpose and integrity, a wife and family too, A sense of responsibility in all he had to do. The years rolled on, still waiting but happy still to know The Queen, his darling mother, would continue on just so. She'd given up her life to be a special Queen, Devoted to her people, her smile was often seen. Charles became her prop now as health began to fade, Supportive in her duties as by her side he stayed. With grief and dreadful sadness this lady Queen then passed To join her much loved husband, together now at last. A new King here to rule us as Charles became our King, His lifetime skills prepared him to take on everything. Camilla is beside him, his Queen and Consort too. This royal pair together determined to be true. To rule and serve the people of this nation they must face With hope for a green future for the World, this special place. So now we send our wishes for a peaceful reign and long With many years before our King, a monarch wise and strong.

Susan Catford

In case you have ever wondered where our word picnic comes from, the clue is in the title! It comes from the French pique-nique which means a light, informal meal eaten outdoors where you can pick or nibble foods. Now there are picnics and picnics. My earliest memories are of eating cold sausage sandwiches by the roadside on our way to Devon after an early start. Then there were picnics on the beach. A loaf of bread (or two), a jar of sandwich spread and a tin of luncheon meat went a long way to feeding six hungry children. The term 'sandwich' did live up to its name. No matter how hard you tried, sand would somehow creep into it. This may have been because we didn't have cling film or Tupperware boxes. A waxed bread wrapper and some sheets of grease-proof paper were not sand-proof. My in-laws had their own traditional picnic which consisted of a flask of tea, a few sandwiches, some rock cakes and an apple. I have never understood how anyone can enjoy tea from a flask; it has a strange flasky taste! Soup in a flask is okay though and definitely welcome on our chilly British holidays. I eventually came to appreciate picnics when I had control of the contents. We were given a lovely picnic hamper with real cutlery and crockery. It was an excuse to pack my favourite foods (not usually sandwiches) with some well-chilled beverages - not a flask of tea in sight! Smoked salmon, mixed salads, cold meats, pies, fresh uncut bread and quiches (more of that later) accompanied us on boat trips, to open air concerts and plays, as well as the occasional point-to-point. The picnic was a delightful outdoor meal for sharing which enhanced these activities. As well as the picnic hamper, we now also took a cool box for wines and beers, folding chairs, a picnic table and, of course, umbrellas (well it is England!). Even so, our picnics did not compare with some others we have seen. Tables with linen cloths, napkins, silver cutlery, crystal glasses, champagne buckets and even candelabra can frequently be seen at outdoor concerts and racecourses. Usually the people



who arrive thus equipped seem to spend their time eating, drinking and socialising rather than watching the event! Picnics have become popular, particularly since Covid when we were encouraged to do our socialising outdoors. The Coronation celebration will, no doubt, involve millions of people celebrating with street parties, barbecues and picnics. Tables up and down the country in gardens, streets and outside pubs will be sporting red, white and blue tableware. Houses, shops and pubs will be flying the flags and displaying patriotic bunting. It will be a jolly affair involving the consumption of much food, tea and alcohol. No matter the weather, we will not be deterred. Gazebos, party tents and umbrellas will protect us. The jubilee celebrations last year were a rehearsal for the Coronation. We all enjoy an excuse to put aside our worries and get together with family and friends. Communities come together -

communities come together cats, dogs, children, babies, aunts and uncles, parents and grandparents - we'll all be there!

Earlier I mentioned quiche, another French name for a savoury tart made with unsweetened pastry and an egg-based filling. It seems that this has been chosen by King Charles and his Queen, Camilla, as the signature Coronation dish. For those who may be interested, its ingredients include spinach, broad beans, cheese and tarragon. I love a quiche but that may not be quite to my liking so I may well stick to Coronation chicken which is a favourite of mine. We will be packing our picnic hamper, our table and chairs (plus umbrellas!) and heading down to our local to join the rest of the village in celebrating this truly memorable event. Whatever the weather, we will enjoy the day.

Country Watch

May – 'Change not a clout till may be out.'

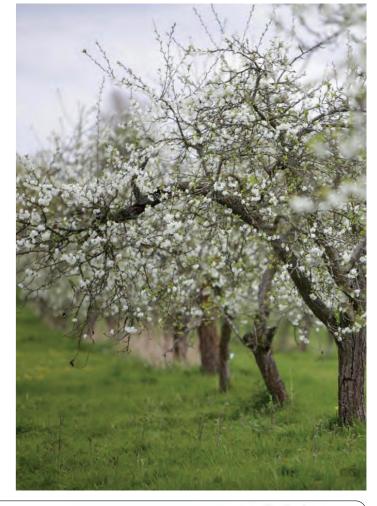
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After a month with typical April showers, we wait to see what May will bring. At least it has been good growing weather and the blossoms have continued to flourish. The hedgerows have clouds of white Hawthorn blossom and the grass verges are full of dandelions, buttercups, celandines and cowslips. In the woodlands the bluebells are appearing with their vibrant colour and delicate scent. In the countryside the fields are changing colour. There seems to be an ocean of rapeseed which gives a glorious golden glow like sunshine from the ground! Interestingly it is less bright on dull days which is a pity! Where there once was newly ploughed earth, the shoots of wheat, barley and beans are replacing the brown with green.

We are lucky in Worcestershire, particularly in the Vale of Evesham, to have so much blossom because of the fruit crops. Late frosts can be detrimental to these crops and unfortunately we have had a few frosty mornings recently. Let's hope there hasn't been too much damage. It always seems such a shame that when the blossom is at its best, the winds seem to come along and strip the trees, filling the air with a confetti of petals.

Yesterday I heard my first cuckoo of the season which is a good sign heralding the summer days ahead. The birds are still busy building nests and we will be seeing the return of birds that migrated for the Winter. Swallows, swifts, house martins, yellow wagtails, nightingales and redstarts will soon appear as summer visitors. Our usual garden birds will still appreciate our bird tables and be gathering materials for their nests.

Soon more insects will begin to appear, in particular butterflies and bees. There are 270 species of bees to be found in Britain so keep a look out for the different varieties. May is still an unpredictable month weatherwise so be prepared for anything and don't be putting those coats away yet!







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My name is Ella and I am Martin and Carr's newest recruit, having graduated from the University of Bristol in July 2022. After five years of studying, I was itching to start my career as a vet, whilst at the same time being absolutely terrified for my first day of work. Would I be good enough? Would I remember everything I'd been taught in my lectures? Would the clients warm to me? Cut to now, 6 months in the job and yes, these questions still plague my mind multiple times a day and no, I don't remember every miniscule detail from my lectures, because that would make me a textbook rather than a human being, and I am ok with this... most of the time.

The dreaded imposter syndrome rears its ugly head once in a while making me doubt my knowledge and abilities, but I am lucky to be surrounded by a brilliant team who support and believe in me every day. A WhatsApp group with my university friends where we share funny and often embarrassing anecdotes from our working days is another reminder that we are all in the same boat just trying to do our best.

As time goes on, I am becoming more confident with tackling the challenges each day brings, and make a point of celebrating my 'firsts' and little wins, from blood sampling a not-so compliant pooch to performing a solo cat spay to lancing a really juicy abscess (gross but very satisfying, trust me)! It's a demanding and stressful job, but so far I love being a vet, and although coming to see me is almost certainly not the highlight of your pet's day, meeting and caring for them is definitely mine.

Best wishes Ella

Ants in your plants?

As everything is starting to grow, it's advisable to check all your pots and containers for bugs that have been overwintering and likely to cause damage to your plants during the coming months. Take your plants out of their pots and check the roots for activity.



Ants:

Although these are harmless to the plants, it's advisable to remove them and their eggs. Either put them in the hedgerow or a spot in the garden where they can reside happily. Wash the pot and then add fresh compost when repotting. As a side note, ants feed off the honeydew created by aphids, so they love aphids and obviously don't like ladybirds as they eat the aphids, so you may experience a bit of warfare in the garden!



Aphids:

These are commonly known as greenfly and blackfly. There are 500 aphid species in the UK and you can usually see them easily on plant tips (new growth) flower buds and the underside of leaves. I usually find aphids on lupins just before they come into flower, rose leaves (new growth) and nasturtiums. It's best to remove them as they will suck the life out of your plants and ultimately kill them. I remove mine by hand and then use a solution of washing up liquid and water in a squirty bottle and give the plant a good spray and repeat it for a few days to ensure the aphids have gone.

Vine weevil:

These insects can feed on a wide range of plants, both indoors and outdoors, but can

Nikki Hollier

be especially damaging to plants grown in containers. It is a very widespread and common insect. The adult weevils eat leaves during spring and summer, but it is the grubs that can cause the most damage over autumn and winter when they feed on plant roots. This damage can result in wilting and plant death.

It's best to inspect the whole plant and tip out the pots onto a newspaper. The grubs are C shaped and white in colour so are easy to spot amongst the rootball. They are loved by birds, so you can pop them on the bird table.

The adults will eat chunks out of the leaves which is a good sign they are prevalent in your garden. The best way to



May gardening tips Reg Moule BBC Hereford & Worcester

Early May

Keep all newly planted items well watered. This includes ones planted last autumn. Sow seeds of herbaceous plants.

Sow or turf new lawns and keep mowing established ones - but not too low. Treat difficult lawn weeds e.g. clovers, black medic with Weedol Lawn Weedkiller, it has the right ingredients for

these weeds. Hang up a codling moth trap in your apple tree, or a plum moth one in your plum tree, to reduce the number of maggoty fruit. There is also now a trap readily available for catching box tree moths which are now quite widespread in our area.

Plant out cabbage, cauliflower and other brassicas but take precautions against root fly. Keep on top of pest and disease outbreaks, as well as controlling weeds. Don't forget your houseplants, feed and water them regularly. Control algae and blanketweed in ponds.

Mid May

Sow suitable varieties of pansies to flower from autumn throughout the winter. Sow biennials for flowering next spring onwards e.g. wallflowers, myosotis, sweet williams, foxgloves and honesty. Plant out chrysanthemums for flowering in borders or for cutting. Plant out summer bedding plants when frost risk is minimal. Tie in wallshrubs and climbers to their supports try to train them at 45 degrees or horizontally to encourage flowering. Trim over aubretia and arabis after flowering to keep them neat. Prune wall trained pyracantha and chaenomeles after flowering. Keep strawberry fruits off the soil using straw or mats. Cut down spring flowering perennials - e.g. pulmonarias

and doronicums after flowering to produce a neat mound of new foliage.

Untrimmed plants often become mildewed. Sow swedes, beetroot, carrots, parsnips, French and runner beans outdoors. Plant out sweet corn in blocks, rather than a long row, as they are wind pollinated. Take cuttings from dahlias and chrysanthemums for flowering later in summer. Plant tomatoes, peppers, aubergines, cucumbers etc in a cold greenhouse or outdoors if in sheltered site.

Make up summer flowering hanging baskets and containers.

Late May

Brighten up your patio with some spectacular frost tender container plants, like brugmansia.

Prune clematis montana straight after flowering, if they are getting out of bounds. Plant out leeks, marrows, courgettes and melon plants. Enjoy more herbs by sowing Basil, Corriander and Parsley every fortnight.

Spinach often runs to seed if sown after mid May - so sow



Nikki Hollier

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remove them is to check the

plants at dusk and pick them

This is the best way to control

the insects eating your plants

off by hand.

leaf beet instead. Sow some half-hardy annuals for use as winter pot plants e.g. calceolarias, schizanthus and cinnerarias.

Sow ornamental cabbage and kale for winter colour in tubs and borders. Beware of houseplants getting scorched on sunny windowsills. Listen to the weather forecast in case of any nasty late frosts.



Cooking for fun! Ailsa Craddock

No one, no country does pomp and circumstance better than us. From flags and bunting to gun salutes and flypasts. We will all be part of history on May 6th and remember when a new King was put upon the throne. Throughout hundreds of years, for the end of wars, for weddings, for funerals, for birthdays and new homes, we have always celebrated by coming together and "breaking bread" and this day will be no exception with street parties planned up and down the country. Thus, I am giving you some ideas for sandwiches and a cake and a non-alcoholic drink (you can mix it with gin or champagne/prosecco if you want though!) so that everyone from young to old can enjoy! There are so many bread and wraps out there, I am leaving the hard bit of what to use up to you - I'm just going to give you the fillings, a meat, fish and veggie one. Each one makes 1 big round of sandwich or 2 dainty ones!

Meat and Pickled Cucumber

Meat of your choice - leftover roast, specially cut ham, even fish meat will do! 1/4 cucumber, thinly sliced 1 tablespoon cider vinegar 1 dessertspoon olive oil 1/2 teaspoon brown sugar Mayonnaise Combine the cucumber, vinegar, olive oil, sugar and salt and

pepper in a bowl then pile up the meat, cucumber mix and mayo on top. Smoked Salmon and Avocado

Smoked Salmon and Avocado Sandwich

- 2 ounces cooked salmon
- 1 mashed avocado
- 1 tablespoon mayonnaise
- 1 tablespoon chopped celery 1 teaspoon chopped chives 1/2 teaspoon lemon zest (you can zest the whole lemon, squeeze the juice and freeze separately - or you can make yourself a gin and tonic!)

Combine all the ingredients in a bowl and pile up your bread with a dusting of black pepper! Beets, Spinach and Goats Cheese

1 small cooked beetroot 1 dessertspoon olive oil Good handful of spinach 1 teaspoon red wine vinegar 1 ounce goats cheese Cook the spinach in a tiny bit of water until wilted, stir in the vinegar and cool. Layer up the sliced beetroot, spinach, cheese and munch!

Apple Sharlotka

6 large, tart apples 3 large eggs 200grms granulated sugar 1 teaspoon vanilla extract 125grms plain flour Preheat oven to 350 degrees. Line the bottom of a 9-inch springform pan with parchment paper. Butter the paper and the sides of the pan. Peel, halve and



core your apples, then chop them into medium-sized chunks. (I cut each half into four "strips" then sliced them fairly thinly about 1/4-inch — in the other direction.) Pile the cut apples directly in the prepared pan. Meanwhile, in a large bowl, using an electric mixer or whisk, beat eggs with sugar until thick ribbons form on the surface of the beaten eggs. Beat in vanilla, then stir in flour with a spoon until just combined. The batter will be very thick. Pour over apples in pan, using a spoon or spatula to spread the batter so that it covers all exposed apples. (Updated to clarify: Spread the batter and press it down into the apple pile. The top of the batter should end up level with the top of the apples.) Bake in preheated oven for 55 to 60 minutes, or until a tester comes out free of batter. Cool in pan for 10 minutes on rack, then flip out

onto another rack, peel off the parchment paper, and flip it back onto a serving platter. Dust lightly with ground cinnamon and icing sugar.

Gooseberry Cordial

250g sugar (Remember, you are only going to use a tiny amount to dilute so don't panic at the sugar mound!) 3 large lemons, zested and juiced

350g gooseberries

3 sprigs of mint leaves In a large pan, gently melt the sugar in 250ml of water. Add the zest, juice, gooseberries and mint leaves and bring to a simmer. Cook until very soft. Strain through a piece of muslin into a bowl. To serve, dilute with water (still or sparkling), ice, more mint and lemon. PS if you can find them, you could add a couple of elderflower heads whilst cooking

Jazz News

News last month that Ahmad Jamal, esteemed jazz performer, composer and mentor had passed away at the age of 92. He certainly enjoyed a full lifetime in jazz; at three years old he could pick out tunes on the piano and was formally studying music at the age of seven. His studies and interests were wide and varied, taking in the likes of Bach and Beethoven alongside Art Tatum and Count Basie. At fourteen he began a long professional career touring as a jazz pianist and, after embracing Islam somewhere along the way, Fred "Fritz" Jones became Ahmad Jamal. In the nineteen fifties heyday of frenetic bebop Jamal developed a contrasting, understated approach to the music where, as he maintained, the silences between notes were as important as the notes themselves (he also learned the

Peter Farrall

lyrics of all the standard songs in his repertoire as an aid to a more sympathetic delivery). The influence of his innovative styling has permeated the jazz world and beyond and hints of his phrasing have even been heard in some contemporary pop and rap arrangements. Perhaps Jamal's greatest influence was on Miles Davis whose later music reflects the inspiration gained from the man who would become a lifelong friend. A long and creative life revered by generations of jazz musicians. RIP Ahmad. We welcome a very popular band to the club this month, Tad Newton's Jazz Friends, whose traditional six piece line up suggests a repertoire of golden oldies but, in fact, they bring us a far more eclectic programme to include rhythm and blues, novelty numbers, humourous pieces and many



more - all played in their distinctive swinging style. We look forward to joining in their celebration of forty years on the road. Congratulations guys!

Tad Newton's Jazz Friends Wednesday 31st May Function Room, Pershore Football Club Doors open at 7pm, music at 8 Admission £10 to include a raffle ticket. Book in advance and pay on arrival club@pershorejazz.org.uk Tel: 01527 66692 Find us on Facebook

Gregory's World!

Gregory Sidaway Exeter College, Oxford

Isle be back

When I sit down to write to you, fellow reader, it sort of feels like getting into a familiar car and taking it for a monthly spin. My experiences over the past month are the fuel, switching on my laptop turns the ignition key, you're getting comfy in the passenger seat ... Probably too much elaboration - and a strange comparison, considering I haven't got a license yet (a sneak preview for the October article, which I hope will cover my successful driving test), but my point still stands: I want each article to be an epic thrill ride. So, to shake things up a bit, this monthly spin takes us beyond Oxford, beyond Pershore, beyond two-lane roads, to the Scottish Highlands. Having spent the first few weeks of the Easter holidays chilling out and living in my joggers, the time was nigh for new discoveries. We followed the M6 like the yellow brick road all the way to the land of bagpipes, haggis and tartan – as well as lesser known inventions such as adhesive stamps, bicycle pedals and motor insurance - and arrived in the Argyll and Bute region. If you picture the outline of Scotland, this is basically half way up and towards the west, where things begin to look more fragmented and islandy. We stayed on the shores of Loch Ruel, which climb into rugged hills on either side of the water and yawn open like Pac-Man around the Isle of Bute to the south. I wouldn't exactly say Pershore is the most built-up of places – but it is a metropolis

uniting the four corners of the world when compared to the sprawling, solemn moorlands, where only a string of telegraph poles reassures you that you haven't hopped back a thousand years without noticing. I understand the argument for going to Majorca or Tenerife on holiday, but there is a particular charm to the Highlands. You're not always packing shorts, sandals and sun cream, but no weather can ruin a holiday up there. Mist and rain only lend to the primordial vibe; it is quite something to stand at the top of a hill, overlooking the valleys below, surrounded by ankletwisting tussocks and gorse bushes which boast an impressive prickle. When you read the word 'rainforest', you probably think of somewhere tropical and humid an expensive plane journey away - but Scotland (like Wales and the South West of England) has a sprinkling of oceanic and hyper-oceanic zones, home to the remnants of our very own Atlantic Rainforest. These trees are gnarled and crooked, with nobbles and bobbles, branches that wear sleeves of moss like knitted arm warmers, and have been at war with a non-native, invasive species of rhododendron since the 1700's. Midway through the week, I also made a new friend, a very close friend – it took a pair of tweezers, salt water, red wine and Germolene to prise him off my arm. The Isle of Bute consists of lowland countryside and farmland, bookended at the top

and bottom by highlands. Just



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south of the island's highest point, aptly named Windy Hill, Bute pinches inwards at the middle – giving the entire place a sort of chromosome shape. The east-facing pinch (not a topographical term) is the location of the main town, Rothesay. When I took a look at Bute on the map, I wasn't too sure of the exact scale of the island or its villages. I visited the Isle of Iona a few years ago (getting as close as I could to its famous abbey without paying) and it seemed as though there were very few locals still living there. Bute, being bigger and closer to the mainland, had a bit more going on. A Vegan-friendly cafe, American diner, and independent bookshop - with a



'crime and thriller' section larger than 'general fiction' – are just a few places I recommend if you ever happen to be within the vicinity. Well, this concludes our Scottish road trip, leughadair eile (a bit of Google Gaelic for you). My next destination is back to uni, where I hope to see you again very soon.

"If you think about your and my grandchildren, this is what really worries me. I don't want them – if I'm still alive by then – to say, "Why didn't you do something about it?", when you could have done"

King Charles III)

Contact the Parish Council

Clerk to the Parish Council

Ms Michelle Alexander, 'Guestwick', Suckley WR6 5EH Tel: 01886 884195 or Mobile: 07841 862277 Email: clerk@powick-pc.org.uk Website: www.powick-pc.org.uk

Chairman of the Parish Council

Andy Lamb, 9 Old Rectory Close, Powick WR2 4QU Tel: 01905 830737 or Mobile: 07973 679774 Email: alamb@powick-pc.org.uk

Parish Council Meetings

Meetings are held on the first Weds of each month, except during August when there is no meeting held. Planning Committee Meetings start at 7.00 pm Parish Council meetings start at 7.30 pm

District and County Councillor Tom Wells Tel: 01905 831752 or Email: talwells@btinternet.com

> District Councillor Kathy Wells

Tel: 01905 831752 or Email:katherine.wells@malvernhillsdc.net



12 Business bank accounts Carol Draper

If you run your own business or rent out property it is worth considering whether you need a separate business bank account. As with many things the answer is not clear cut but depends on factors such as your business structure and the volume of transactions completed. If your business is a Limited Company, you need to have a business bank account. A Limited Company is a separate legal entity, the money in the business belongs to the business and as such it requires a bank account in the name of the Limited Company. Ideally that account should be used just for limited company expenses and should not be used for personal purchases.

If you operate as a sole trader, the answer is not so clear cut. While you are not required to separate your business and personal finances, it is much easier to keep track of business income and expenses if these are in a different bank account. HMRC have placed a much greater emphasis on recording income and expenses digitally and if you use cloud accounting software that links to your bank account, it may be safer and more efficient to use a separate account for business transactions. If you are just starting out there is no reason why you cannot open another



account in your name and use this for your business transactions.

As your business grows, your requirements may change. Opening a business bank account means you can start to build your business credit rating which in turn can help when accessing business loans and credit cards. Customers may also consider your business to be more professional and trustworthy. While business bank accounts are likely to incur higher bank charges they give access to additional tools such as invoicing features, online software and access to business support services, so you need to work out if the benefits outweigh the costs. If you are not sure what to do, speak to your accountant or search online to compare business bank accounts.

Carol Draper FCCA Clifton-Crick Sharp & Co Ltd

"I think we'd be very foolish to expect that we can just import everything from somewhere else and imagine that that's going to last forever and ever and ever"

King Charles III



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Visitors

Angela Johns

I had several friends come and stay with me for the weekend recently, ones I don't see that often and not always together. Luckily, I had a free day just beforehand (funny how the Universe provides these opportunities). I cleaned and cleaned and tidied, as of course they would be going into every single room in the house. When I was done I felt a massive sense of achievement and. I have to say, a little bit of disbelief. Every single room in the house was clean all at the same time! A whole day when the whole house was clean and tidy. That's like every plate spinning, at the same speed, and being able to step back to admire them all. That hasn't happened since 2019 which, incidentally, was the last time they all came and stayed. Life has got easier as the kids have got older in this respect, almost without me noticing. When I think back to when they were little I wonder how I did it all. Well, in truth I didn't as the house was never clean all over all at the same time. The bits that mattered usually were and the kids were happy though. All sorts of people ask me how Reiki works, what will happen, how long does it take. I can't give definitive answers: it just does, all sorts of things may happen, and it might be quick but may also be gradual. You may not even see it as you are going along. That doesn't seem very satisfactory answers but what I can say is that over time I have seen beautiful things happen in people's lives and in my own. When you think you are still stuck, still in the same place, it is not until you look back that you realise how far you have come. You may see



all the changes that have been for the better, though they may have been painful at the time. And all the opportunities that have arisen, whether you chose to take them or not. I love the way that the Universe works so subtly and beautifully like that. It hands you the power and you use it as you will.

When I look back at bringing my kids up, I know I didn't do it on my own, I had help from others as well as from a higher power, (whatever that may mean!). It may have felt super busy and hard work at times but as the years have gone by it's not until I look back that I see how much it has changed. I may still feel busy but the demands, and the skills I use to manage them, have changed in nature. Many of our past challenges that we've overcome we can marvel at and say we don't know how we did it. Applying the principles of Reiki in my life I can marvel as I look back and say, it just did.

Currently training as an Emotional Therapeutic Counsellor with the AETC, Angela is a qualified Reflexologist, Aromareflex Practitioner and Reiki Teacher/Practitioner. She is passionate about her therapies and spends quality time with her clients to facilitate their wellbeing. You can find her at angelajohns.co.uk



Movement or strength?How Anxiety canKaren Harrisaffect youEmily Papirnik

"Core strength". It's one of the 'buzzwords' that is very often associated with back pain. It should never be assumed that our "core" is weak and that we need to strengthen/stabilise it just because of back pain. I've had clients that regularly take part in many classes including "core" conditioning classes and also Pilates. One such client suffering from hip pain had a biomechanics screening which concluded that she didn't actually have much "core strength" at all. Of course, given all the training she was doing she instantly dismissed it. But when tested for "core strength" she was informed that there wasn't much hip stability, and there was a lack of movement at the hip joint. It was only recently that the hip pain had started and she had been doing these classes pain free for years so she was perplexed. I'm always harping on about the body's connectivity, the opposite of which is disassociation. This lady had what is termed as hip disassociation. Look at the picture. This makes up our pelvis, spine and hip joint.



Our hip should be one of the most mobile joints in the body. If the hip joint alone cannot carry out full range of movement, the body will compensate by moving more in the joints closest to it. In this case that will be the pelvis (S.I joint) and the spine. Think about what muscles attach on to the pelvis and spine... the abdominals and lower back muscles. Now if that pelvis/spine is moving too much to make up for lack of hip movement what will be happening to these muscles? Some will be overworking whilst the opposite muscles will be under working. What usually happens when a muscle becomes overworked or underworked? In most cases, pain or weakness. In a lot of cases the lower back muscles become painful (short/tight) whilst the opposite muscle (the abdominals in this case) become long/weak. Now imagine if we just want to simply strengthen her "core muscles" without addressing the hip movement. We would continue to overload the spine, whilst the hip still lacked its full range of movement, so not only are we continuing to overload the back muscles (which could result in further pain), we are further restricting the hip joint from full range of movement.

That's why doing lots of sit up's and planks is unlikely to help with back pain in the longer term. Effective body alignment exercises should always come before 'specific area' body exercise otherwise the dissociation and imbalances

YES or NO?

will continue.

Do you want to take control of your aches and pains? Do you want to stop having to take pain killers? Do you want the knowledge to be able to help yourself? Do you want to feel how empowering that feels? Do you want to feel that weight lifted from your shoulders?

YES, of course!

Even just the FEELING of the weight being lifted off your shoulders from knowing there IS an alternative to pain, pills & injections is a step in the right direction!

Karen Harris, Posture Alignment Specialist, Fitness Trainer 07954 544595

Your physical body

Heart palpitations Rapid breathing Holding your breath Raising of your blood pressure Higher risk of heart disease Higher risk of stroke Higher risk of auto immune diseases Chronic pain in joints and muscles Memory loss or confusion Weight gain Increased fatigue Excess adrenaline and cortisol flooding your body

From an Emotional perspective

Fear Anger Frustration Sadness Helplessness Leading to inability to make decisions Feeling like your life is out of control Exhausted by everything and nothing Apathy and disinterest



The Good News is that YOU can change this before your environment changes. You have the power! Join me for a **FREE EVENT** on Wednesday May 17th -Entry by online ticket only During Mental Health Awareness Week I will be holding two one-hour sessions where I will be sharing insight and tools to help with Anxiety. 2:00pm and 5:30pm at Wychavon District Council, Queen Elizabeth Drive, Pershore WR10 1PT www.eventbrite.com/e/mentalhealth-awareness-weekmanaging-anxiety-with-emilypapirnik-tickets-577508883617

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A lot to celebrate . . .

This coming month really has so much going for it. Already the rigours of the Covid pandemic seem a long way behind us and, not only do we have the Coronation to look forward to next weekend, there's so much going on in our area for the rest of this month.

Let's start with the weekend after which sees both the RHS Malvern Spring Festival at the Three Counties Showground and also the Cotswold Festival of Steam at the Gloucestershire and Warwickshire Steam Railway.

To take Malvern first, they are expecting over 100,000 visitors with a host of exciting new features. The theme for this year is 'Gardening for Everyone' so they intend to make gardening and horticulture accessible to all while encouraging sustainable and environmentally friendly practices – which is why they have an area called the Planet Friendly Gardening 3P Free Zone - an area Plastic, Pesticide and Peat free. For food lovers the new Fire and Feast Theatre will be a highlight of the weekend where visitors can pick up ideas to improve their al fresco cooking skills with live demonstrations from talented chefs, outstanding local food producers and a whole gamut of special guests. Those visiting with little ones are being offered a special Discovery Dome which will host free family fun with arts and crafts sessions, workshops and entertainment. Also, the University of Worcester will run insightful activities about unseen garden inhabitants. Finally, there are lots of dining

options including the new Taste Pods, offering 90 minutes of relaxation, sophisticated nibbles and 360 degree views for groups of up to six people. Pre booking only for this experience and for all information See www.rhsmalvern.co.uk Meanwhile over at the GWSR (which I always think of as the Toddington Railway even though it now runs from Broadway down to Cheltenham Spa via Toddington and Winchcombe) is operating the ever popular Festival of Steam with up to eight steam locomotives running. This will give a very intensive timetable of trains including goods trains and shunting demonstrations. The engine sheds and carriage and wagon workshops will also be open, offering a rare behind-thescenes glimpse into railway life. These steam behemoths themselves have, in some cases, travelled a long way to take part, including from the Swanage Railway, the Dartmouth Steam Railway, East Lancashire Railway, the Didcot Railway Centre and the Great Central Railway at Loughborough. For further details see www.gwsr.com Towards the end of this month,

to be exact on Pershore Carnival Day, Monday the 29th (The 3rd Bank Holiday this month !) also sees the opening of the Longborough Festival Opera's season with a performance of Wagner's Gotterdammerung (runs until 6th June) in a new production for 2023 and which marks the epic conclusion to their new Ring cycle. The star studded cast also for the first time includes a chorus combining

Brian Johnson-Thomas



professional performers with a new community chorus of local amateur singers. The season continues on 20th June with Donizetti's L'elisir d'amore an exuberant and joyful show which will run until July the first, after which Monteverdi's L'orfeo will take the stage from 11th to 18th July, which is one of the earliest operas ever written. The season concludes with Purcell's The Fairy Queen, performed by 'emerging artists' - the opera stars of tomorrow and which runs from 29th July to 3rd August. Local, live opera of a high standard – go if you possibly can.

For details see www.lfo.org.uk Finally, if you're looking for a short break destination not too far away, then you might like to know that we've just sampled the delights of Nottingham shire – which actually is about a lot more than just Robin Hood. Nottingham city itself is a lively vibrant place with a lovely walkable centre to wander around (and full of 'different' dining options – we ate a superb Vietnamese lunch at a spot called Coco Tang, washed down with a bottle of beer from Hanoi) and, for a cheap-but-good-value overnight stay we used the Holme Pierrpoint National Watersports Centre on the outskirts of the city. They've got a whole range of accommodation options from camping and glamping to a mini-hotel called Lakeside where we stayed in a very comfortable and quiet (but compact) twin. There's lots to do there, as you might expect from a national sports centre, with outdoor adventure activities for all ages and abilities including, for the kids, such fun as Archery Combat and Lagoon Wipeout (sounds fun ?). Only downside was the lack of a proper restaurant on site, but we found the Istanbul Barbecue Kitchen in nearby West Bridgeford - ten minutes away by car – and had another excellent meal - with, yes, another excellent beer. See www.nwscnotts.com/hpcp for more details. Spring is here ! let's enjoy . . .

Thoughts from the Snug . . . Dark humour: accidents

There's not a pub or snug where dark humour is not alive and kicking. Our local is no exception. Inspired by John Lloyd's Q I publication '1339 QI facts' one of our group quoted:

"Three times as many Japanese people die in the bathtub as in cars. Furthermore, Saudi Arabia has the highest motor accidents rate in the world and there are no women drivers!" Quiet descended as we sipped our drinks and tried to make the link. Puzzled, we were. After a short silence someone chipped in:

"My uncle died at 11.03 precisely and his grandfather clock also stopped precisely at that moment. It fell on him." A chuckle from the others, but most had heard it before.

A fresh voice announced, "I had a cousin who fell down a lift shaft on Ascension Day." Ironic, hard to believe, but actually true. She insisted, "He did survive."

"Well!" said another, "I had a friend who slipped on a copy of the Nursing Times, left carelessly on the stairs, and he broke his ankle! Even more ironic, his wife, a nurse, was on duty at the local A&E when he was handed over by the ambulance crew. Imagine the conversation in Triage." Lots of chuckles.

Finally, again quoting a fact from John Lloyd and the Q I Elves we were told: 'If we could extend our lives indefinitely we'd still die but in an accident at the average age of 1,200!' Nobody fancied that.

All agreed the first 100 years might be the best, but no more, please.

Butty Bach

1339 QI Facts By John Lloyd, J Mitchinson & J Harkin. Published by Faber & Faber.

Civilian life in WW2 - Part 2 Tim Hickson





Gavin and Tim

As a child, I was in Plymouth during the War and because of its Naval base and dockyards, that was a target for German bombers. I remember that when the the air raid warnings sounded, my mother (father was at sea in the Royal Navy) would tell me to get out of bed and go downstairs whilst she lifted my younger brother out of his cot. In our kitchen there was a large table under which was a steel cage called a Morrison Shelter into which we crawled to relative safety. One night, a nearby exploding bomb damaged our roof and the ceiling fell onto my brother's cot, crushing it. However, we were lucky and all my family survived the blitz. Of course, this part of

shopping in Cheltenham, there were often no longer any bus services. Non-essential travel was discouraged. No matter where we lived, the way we travelled was limited. Fewer people owned cars and for those that did, petrol was rationed - often only for essential journeys. Remember, oil (to be refined into petrol) had to be brought to this island by sea and oil tankers were prime targets for German Uboats. Petrol was needed for our aircraft and for our military vehicles. Theirs was the priority. There was little left over for civilians. Entertainment, as a moralebooster, was considered important and if you were in a band you could get extra petrol



Morrison Shelter

Worcestershire was not such a target for German bombers so, here, people did not need airraid shelters in their homes or gardens. Nor were their nights' sleep broken. However, the war did make

itself felt in many ways. For example, if you lived, say, in Pershore and wanted to go coupons to allow you to travel to venues. I know of one young farm worker (a reserved occupation) who set up a band just so he could get the petrol. In your home, there was no television. The infant service which had begun in 1936, though just in the London area, was shut down when the war Wood Norton Hall

began as it was realised that enemy aircraft could home in on the TV signals. That action also released many skilled technicians and craftsmen who were needed by the armed services. However, we still had the wireless, as we tended to call the radio. There was then a single radio channel, the Home Service and no longer the eight broadcast by the BBC before the war. That was to ensure the listeners heard the important announcements. Radio comedy blossomed.

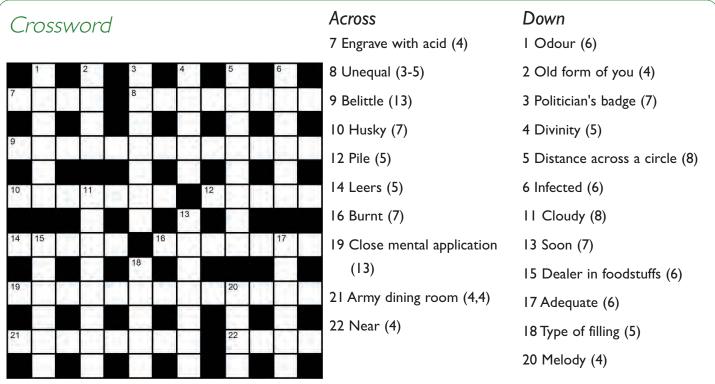
In London, the BBC buildings were targeted by German bombers so departments were moved out of the capital and Drama came to Wood Norton Hall near Evesham. In 1939. with war just months away, the BBC bought the site so that it could relocate its operations away from London and the other urban centres in the event of hostilities. A number of temporary buildings were quickly erected around the historic house to provide an emergency broadcasting centre. A dozen studios were built, and by 1940 Wood Norton was one

of the largest broadcasting centres in Europe with an average output of 1,300 programmes a week. One current Pershore resident was born and brought up on a farm near Norton Barracks, on the edge of Worcester. He told me that, one day, when he was a young boy, two Army officers, with clipboards, came to his farm house. After an inspection of the building, they told Tony's father, the farmer, that he and his wife and their two son's would live in just four rooms whilst they would put (billet) an RAF Wing Commander and his family would be using two more (one as a bedroom and one as a living room/kitchen). Two soldiers from Norton Barracks would be in another bedroom and two Women's Army members would be in an attic room. The last four would wash and eat at the Barracks. A bit of an upheaval for the family whose home it had been but this was war. Needless to say, big houses in Plymouth and other target areas did not have people billeted in them!



Norton Barracks

Coffee Break



Sudoku

9		2			1		7	
3	1			2		5		
	8	4						
1			3		7		5	
5		7				8		1
	4		6		5			7
						7	2	
		3		7			9	5
	7		2			3		8

Each row and column must contain the numbers from one to nine, without repetitions.

unicers from one to nine, wintour repetitions.								
		4				2		6
			9	5				4
1				4	3		9	
7		8						
			5		1			
						4		8
	9		3	6				5
4				2	8			
3		2				8		

Crosswords Sudoku Wordsearches Jigsaw puzzles

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April Answers

Card Games Wordsearch

Ν	1	G	0	Ρ	F	Y	Μ	М	U	R
в	G	U	А	L	Y	G	S	1	F	0
I	R	Ν	S	Ρ	0	Ρ	Т	S	Α	U
R	Α	U	0	D	0	S	R	Е	Ν	G
С	в	Ţ	D	Е	U	κ	Α	R	Т	Е
A	S	Е	0	М	в	R	Е	Е	Α	Е
R	R	Ρ	W	0	L	1	Н	R	Ν	Т
L	в	С	Α	Ν	Α	S	Т	A	L	N
Т	Α	κ	S	D	в	U	N	Κ	0	0
0	R	A	F	U	Е	F	1	S	Н	1
N	В	R	Α	G	T	S	I.	Н	W	R

BRAG	MISERE
BUNKO	NAP
CANASTA	OMBRE
CARLTON	POKER
CRIB	RED DOG
DEMON	ROUGE ET
FAN-TAN	NOIR
FARO	RUMMY
FISH	SKAT
GIN	SOLO
GRAB	SPADES
HEARTS	STOP
HI-LOW	WHIST



Poets' Corner

A Shropshire Lad x

March

The sun at noon to higher air, Unharnessing the silver Pair That late before his chariot swam, Rides on the gold wool of the Ram.

So braver notes the storm-cock sings To start the rusted wheel of things, And brutes in field and brutes in pen Leap that the world goes round again.

The boys are up the woods with day To fetch the daffodils away, And home at noonday from the hills They bring no dearth of daffodils.

Afield for palms the girls repair, And sure enough the palms are there, And each will find by hedge or pond Her waving silver-tufted wand.

In farm and field through all the shire The eye beholds the heart's desire; Ah, let not only mine be vain, For lovers should be loved again.

A. E. Housman 1859-1936

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Spot & Shop -April Winners

- I) Nicholas Day
- 2) Julie Page
- 3) Marion Harris
- 4) Pam Rayner

Last month's answer: Kuiper Leather

Fun Quiz!

1. When was Queen Elizabeth II's Coronation?

2. Who designed Queen Elizabeth II's Coronation dress?

3. How many parts does a coronation service fall into?

4. What did Prince Charles receive from Queen Elizabeth II when she was crowned?

5. How many Coronations have been held at Westminster Abbey?

6. Who will conduct King Charles' Coronation?

7. How many guests attended Queen Elizabeth II's Coronation?

8. How many nations and territories were officially represented at Queen Elizabeth II's Coronation service?

9. What is the name of the crown placed on the head of Queen Elizabeth II during her Coronation service?

10. What is Prince William expected to do at King Charles III's Coronation?

11. How many people watched Queen Elizabeth II's Coronation on TV in the UK?

12. How many journalists lined Queen Elizabeth II's Coronation route?

13. What was the first documented coronation at Westminster Abbey?

14. Which two monarchs did not have coronations?

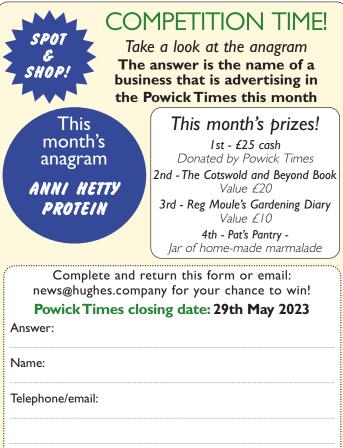
15. What happens during the 'anointing' stage at a coronation?

16. Who was the first King of England?

17. When was coronation chicken invented?

18. How long did Queen Elizabeth II's Coronation last?

Answers: I. 2nd June 1953 2. Norman Hartnell 3. The coronation falls into six parts: the recognition, the oath, the anoining, the investiture, the enthronement and the homage we special hand-patined invitation to the Coronations 5. There have been 39 coronations in Westminster Abbey since 1066 6. The Archbishop of Canterbury, Justin Welby 7. A total of 8,251 guests 8. 129 nations and territories 9. The St. Edward's Crown 10. Discover and the correct of a sign of vestminest whee view of the 36 million population). I. There have been 39 coronations in people in the UK (out of the 36 million population) 12. These were more than 2,000 population population) 12. These were more than 2,000 population population). I. These were more than 2,000 population population) 12. These were more than 2,000 population population). The These were more than 2,000 population in the Coronation 2,000 population) 12. These were more than 2,000 population population). The These were more than 2,000 population population) 12. These were more than 2,000 population population). The These were more than 2,000 population population) 12. The sected in the Coronation 2,000 population 2,000 population). The These were more than 2,000 population 2,000 population) 12. The sected in the Coronation Chair, the monarch was anoninted with oil 16. Athelata 11. 15. Sected in the Coronation Chair, the monarch was anoninted with oil 16. Athelatan 2,011 to 2,000 population 2,012 were population.



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Saturday 13th May

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A place at Wimbledon!

Naomie Tarver has been training for the chance to play at Wimbledon, and earnedt the opportunity with a win at Loughborough. Naomie says: "I competed in my first wheelchair tennis competition on Easter weekend at Loughborough. I'm pleased to say I won in straight sets in singles and doubles and have therefore won a place at Play Your Way to Wimbledon on the 6th - 12th August."

The Play Your Way to Wimbledon tournament gives most players an opportunity to follow in their heroes' footsteps and compete for the title at Wimbledon. More information can be found here: www.lta.org.uk/compete/ play-your-way-to-wimbledon. Naomie continues: "This is an achievement that I have been training and working towards since it was announced in



January 2023, but I still can't believe I'm going! What a privilege to go and play on the same courts as the world's greatest! a massive thing ticked off the bucket list!" The team at the Tennis Centre are 100% behind Naomie and continue to support her tennis career. The entire club extends their best wishes for Naomie's Wimbledon debut. *Further details:* www.pershoretennis.co.uk



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